

RELAIS
CHRISTINE

Paris Rive Gauche - 1607

THE SPA

GUERLAIN



GUERLAIN

Since 1979, the Relais Christine has been one of the Left Bank's best kept secrets... A favourite address, jealously guarded by artists, lovers and families who seek the friendly atmosphere of a home with the refinement and attentive service of the very best luxury hotels.

The Relais Christine pays tribute to the site's unique history by tweaking the traditional codes of luxury. This challenge was brilliantly met by decorator Laura Gonzalez who managed to safeguard its timeless soul while giving the old stones a new spin.

By hosting Guerlain in its spa, the Relais Christine has made a brilliant alliance combining exclusivity and elegance. The hotel extended the well-being area to reflect the exclusiveness of the Parisian brand. Panoramic wallpapers from Ananbô and antic stone adorn the walls of the treatment rooms. The 13th century vaults also cover the relaxing lounge, the exercise room, the Finish sauna and the mosaic jacuzzi.

This setting reinforces the impression of evasion.

Formulated with the noblest natural materials and offering the most sensual textures, Guerlain treatments enjoy a peerless reputation. Orchidée Impériale, Abeille Royale, La Dédicace Guerlain –the signature treatment at the Relais Christine–, every treatment provides personalisation, luxury, emotion and sensuality.

In this past-imbued shrine, the guests of the spa will savour an unforgettable moment of well-being.

They will benefit from a free private car park with valet service, reserved to hotel guests.



The Relais Christine treatment

DEDICACE GUERLAIN 2H / 270€

Guerlain invites you to discover the sensoriality of its body treatments and the expertise of its facials. Each treatment is delivered with flawless efficiency maximizing sensorial pleasure to leave you with a feeling of complete well-being.

Allow Guerlain to restore youth and vibrancy to your features, let your body abandon itself to the rhythmic, expert hands of your Beauty Coach.

Your face looks more luminous, the features are rested, a surprising combination of lightness and pressure envelops your body: you feel redynamised for the rest of the day.

Orchidée Impériale *Complete anti-ageing*

ORCHIDÉE IMPÉRIALE PRESTIGE TREATMENT 1H30 / 245€ or 2H30 / 390€

This complete anti-ageing treatment is a multi-sensorial all-encompassing experience. The exclusive protocol, based on the Orchidée Impériale range, redefines and firms the skin, erasing wrinkles. Pamper yourself in pure pleasure, and leave the treatment radiant and glowing with beauty.

ORCHIDÉE IMPÉRIALE FACE & BODY TREATMENT 2H / 320€ or 3H / 455€

A complete treatment for the pleasure of the senses, in which each of your muscles is stimulated during a vigorous massage. Your body is sculpted and your skin illuminated. Anti-ageing effectiveness and flawless well-being.





Abeille Royale *Absolute repair*

HONEY REPAIR TREATMENT 1H30 / 245€

Guerlain brings a new angle to its expert treatment designed with the Abeille Royale range to reap all the benefits offered by bee products. More advanced, more technical and even more sensorial, this avant-garde session combines precise and personalized movements with products containing particularly powerful active ingredients. It starts off slowly with a microdermabrasion, followed by a purifying massage with warm plant infusions to perfectly stimulate the epidermis. Each wrinkle is the focus of attention using the Abeille Royale Serum application technique, which acts on the key processes in skin reconstruction. Through this complex protocol, tailored to the needs of each individual woman, the signs of ageing gradually fade away. The skin is firmer, and the face opens up and appears illuminated...
A catalyst for youth to be enjoyed without moderation.



Personalised facial treatments

Unique experiences

INTENSIVE FACIAL TREATMENT 2H / 280€

The skin's beauty is revealed and enhanced during this treatment that includes an exclusive massage, a specific mask and a targeted active concentrate... Tailoring the protocol to each individual, the Beauty Expert artfully and precisely adapts her movements and the intensity of the massage for instantly visible results.

COMPLETE FACIAL TREATMENT 1H30 / 220€

An essential Guerlain skincare classic. The exclusive Guerlain massage is the star of this show, enhanced with a targeted active concentrate, a mask and facial cleansing to meet the skin's needs perfectly. The features are relaxed and the face is radiant. An absolute must.

RADIANCE FACIAL TREATMENT 1H / 155€

A fresh, clear and glowing complexion... This delicious treatment combines an exclusive Guerlain massage, the intensity of which is adapted to individual needs, with a mask that acts as an impressive radiance booster. Give in to temptation.

Aesthetic treatments and massages

Secrets of youth

BEAUTY LIFT 1H / 165€

Body building for the face! Just like a cardio class, this aesthetic facial massage is intense and incredibly effective. The in-depth and powerful work on the muscles releases tension, sculpts, smooths and plumps for an immediate and lasting lifted effect. The leader in anti-ageing.

CURE BEAUTY LIFT

Cure of 3 sessions 1H / 445€

Cure of 5 sessions 1H / 720€

Body massage

Relaxation and energy

BACK MASSAGE **30 MIN / 85€**

Experience a moment of peace with this unique and complete massage. From the upper neck to the lower back, all your tensions are relieved. The feeling of suppleness is real and lasting, the muscle relaxation is perfect.

IMPERIAL RELAXING MASSAGE **1H / 150€ or 1H30 / 210€**

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

DEEP MUSCULAR MASSAGE **1H / 150€ or 1H30 / 210€**

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

PRE / POST NATAL RITUAL **1H / 150€ or 1H30 / 210€**

Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester of pregnancy or when the baby has been born. A tailored personal experience to relieve the body of minor ailments associated with motherhood.

Body enhancement

A perfect silhouette

SLIMMING TREATMENT 1H30 / 210€

Kneading, rolling, rocking... This treatment combines the world's most effective techniques to refresh and liberate the body. Toxins are drained away, and blood circulation is improved. After the treatment, the legs and hips feel lighter, and the figure is naturally slimmer.

INTENSIVE BODY THERAPY 2H / 280€

Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

BODY POLISH 1H / 150€

The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

Hand & foot treatments

The search for perfection

COMPLETE HAND OR FOOT TREATMENT 1H / 140€

Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet and nail polish application... This treatment is perfect for those who want to look absolutely flawless, right down to the tips of their fingers.

INTENSIVE HAND AND FOOT TREATMENT 2H / 260€

The hands and feet are constantly in use and often neglected yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance... A wonderful gift.

Treatments for men

Look and feel great

ENERGIZING FACIAL 1H / 155€

Sometimes the skin deserves a boost! This treatment includes a scrub, massage, mask, and eye contour treatment to restore freshness.

SKIN SAVER FACIAL 1H30 / 220€

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment. It restores radiance and comfort to the face. A real confidence booster.

MANICURE FOR MEN 45 MIN / 115€

PEDICURE FOR MEN 45 MIN / 115€

INVIGORATED BREAK 1H / 150€

Eliminate the effects of stress and replenish energy level with this face and body programme. A toning massage and eye contour treatment – do your body some real good!

ULTIMATE EXPERIENCE 3H / 420€

Treat yourself to an exceptional indulgence with this complete programme. Revitalising treatment, massage, manicure or pedicure – what more perfect way to give your skin a fresh start?



Waxing

UPPER LIP 15 MIN / 40€

EYEBROWS 15 MIN / 40 € or 30 MIN / 65 €

ARMPITS 15 MIN / 40€

HALF LEGS 30 MIN / 65€

HALF ARMS 30 MIN / 65€

FULL ARMS 45 MIN / 90€

CHEST 45 MIN / 90€

BACK 45 MIN / 90€

FULL LEGS 60 MIN / 95€

CLASSIC BIKINI 15 MIN / 45€

FULL BIKINI 30 MIN / 75€

Cures

COCOONING BREAK

Cure of 10 massages 1H / 1 350€

Cure of 10 massages 1H30 / 1 850€

These cures are valuable for a year.

CURE BEAUTY LIFT

Cure of 3 sessions 1H / 445€

Cure of 5 sessions 1H / 720€

These cures are valuable for a year.

SLIM AND FIRM CURE / 950€

Slimming cure: 2 treatments of 2h and 2 treatments of 1h30 hours.

This slimming cure alternates between 1h30 treatment and 2 hours treatment which is composed of body polish performed at first.

Day after day, the skin is firm and smooth.



An experience of absolute relaxation at Relais Christine Exceptional pampering

Escape into a delicious moment just for you – an experience as luxurious as it is unforgettable.

SOLO GETAWAY

IMPERIAL SUNDAY 1H30 / 230€ / 1 PERS

Imperial Relaxing Massage 1h30 and access to the facilities with breakfast buffet in the lounge of the Relais Christine.

MOTHER IN BEAUTY 2H / 285€ / 1 PERS

Radiance facial 1h or prenatal massage 1h and complete hand or feet therapy with nail polish application and access to the facilities.

EXCEPTIONAL MOMENT 3H / 400€ / 1 PERS

Complete facial treatment 1h30 and massage 1h30 with access to the facilities.

DUO GETAWAY

IMPERIAL SUNDAY 1H30 / 460€ / 2 PERS

Imperial Relaxing Massage 1h30 and access to the facilities with breakfast buffet in the lounge of the Relais Christine.

ROMANTIC MOMENT 2H / 560€ / 2 PERS

The Relais Christine treatment "Dédicace Guerlain" with tasting of "mignardies" and champagne and access to the facilities.

SUBLIME DELUXE 3H30 / 900€ / 2 PERS

Complete facial 1h30 and intensive body therapy 2h with access to the facilities.

THE RELAIS CHRISTINE TREATMENT

Dedicace Guerlain 2h 270€

ORCHIDEE IMPERIALE COMPLETE ANT-AGEING

Orchidée Impériale Prestige Treatment 1h30/2h30 245€/390€

Orchidée Impériale Face & Body Treatment 2h/3h 320€/455€

ABEILLE ROYALE, FACIAL

ABSOLUTE REPAIR

Honey Repair Treatment 1h30 245€

PERSONALISED FACIAL TREATMENTS

UNIQUE EXPERIENCES

Intensive Facial Treatment 2h 280€

Complete Facial Treatment 1h30 220€

Radiance Facial Treatment 1h 155€

AESTHETIC TREATMENTS AND MASSAGES

SECRETS OF YOUTH

Beauty Lift 1h 165€

CURE BEAUTY LIFT

Cure of 3 sessions 3x1h 445€

Cure of 5 sessions 5x1h 720€

BODY MASSAGE

RELAXATION AND ENERGY

Back Massage 30mn 85€

Imperial Relaxing Massage 1h/1h30 150€/210€

Deep Muscular Massage 1h/1h30 150€/210€

Pre / Post Natal Ritual 1h/1h30 150€/210€

BODY ENHANCEMENT

A PERFECT SILHOUETTE

Slimming Treatment 1h30 210€

Intensive Body Therapy 2h 280€

Body Polish 1h 150€

HAND & FOOT TREATMENTS

THE SEARCH FOR PERFECTION

Complete Hand or Foot Treatment 1h 140€

Intensive Hand And Foot Treatment 2h 260€

TREATMENTS FOR MEN

LOOK AND FEEL GREAT

Energizing Facial 1h 155€

Skin Saver Facial 1h30 220€

Manucure / Pedicure 45mn 115€

Invigorated Break 1h 150€

Ultimate Experience 3h 420€

WAXING

Upper Lip 40€

Eyebrows 40€ / 65€

Armpits 40€

Half Legs / Half Arms 65€

Full Arms / Chest / Back 90€

Full Legs 95€

Classic Bikini 45€

Full Bikini 75€

CURES

COCOONING BREAK

Cure of 10 massages 10x1h 1 350€

Cure of 10 massages 10x1h30 1 850€

CURES BEAUTY LIFT

Cure of 3 sessions 3x1h 445€

Cure of 5 sessions 5x1h 720€

SLIM AND FIRM SILHOUETTE SINGLE

Slimming Cure 2x2h + 2x1h30 950€

AN EXPERIENCE OF ABSOLUTE RELAXATION AT RELAIS CHRISTINE

EXCEPTIONAL PAMPERING

SOLO GETAWAY

Imperial Sunday 1h30 230€

Mother in Beauty 2h 285€

Exceptional Moment 3h 400€

DUO GETAWAY

Imperial Sunday 1h30 460€

Romantic Moment 2h 560€

Sublime Deluxe 3h30 900€

INFORMATIONS

OPENING HOURS

For hotel guest : everyday from 7:00 am to 11:00 pm

For non-resident guest: everyday from 9:00 am to 8:00 pm

Exceptionally, treatments can be booked out of the opening hours of the Spa. Therefore, an extra charge of 50% of the treatment rate will be charged for the treatments performed after 8:00 pm.

BOOKING AND CANCELATION POLICY

In order to guarantee the availability of the schedules and the services that you desire, we recommend you reserve your treatment in advance. Please allow notice in advance of cancellation to avoid charges. Cancellation within 4 hours will incur a 50% charge and no show 100%.

DURATION OF CARES AND DELAY

To facilitate your schedule management, the indicated times correspond to the treatment time at the Spa, they include the time of diagnosis beauty, care, personalized advice, undressing and dressing. In order to enjoy your experience, we welcome you 15 minutes before the time of your appointment. In case of delay, we will not fail to offer you the same benefit if the schedule allows us. On the other hand, if not, we will shorten your care.

SPA AND FACILITIES

Bathrobe, slippers, towels, shower gel and shampoo are provided by the Spa. Access to the Spa, sauna, jacuzzi, fitness room and relaxing area is included for clients who have booked a treatment duration for 60 minutes or above. Shower is mandatory before to use the facilities.

TREATMENTS

The treatments proposed are for the purpose of stress reduction, well-being and beauty. We recommend that you consult a healthcare professional for any medical examination.

GIFT CERTIFICATE

Beautifully presented, our Spa gift certificates are the perfect gift for any occasion! They are available anytime at the reception desk of the hotel. Gift certificates are non-refundable, non-transferable and are valid for 6 months. Using a gift certificate must be specified at the reservation of the treatment.

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. We recommend you to keep your valuables locked in your locker during your visit provided in the changing room. The Spa does not assume liability for any valuables.

AGE LIMIT

The minimum age requirement for access to treatments and facilities of the Spa is 18.

RELAXATION

Our spa environment is one of tranquility and relaxation. For the comfort of the others, we would appreciate that you turn off your cell phones or other electronic devices inside the Spa.



The Relais Christine is pleased to thank Marie-Clémence Leveel for all her beautiful watercolors that illustrate our Spa menu.

